

INGREDIENTS:

4 Skinless, Boneless, Chicken
Breasts (About 11/2 Pounds)
All-Purpose Flour, for Dredging
Kosher Salt and Freshly Ground
Black Pepper
4 Large Eggs
3 Tablespoons Water
1/4 Cup Extra-Virgin Olive Oil
1/2 Lemon, with Rind, Cut in
Thin Rounds
1/2 Cup Dry White Wine, Such
as Pinot Grigio
1 Cup Chicken Broth
1/2 Lemon, Juiced
2 Tablespoons Unsalted Butter

Chicken Francese

DIRECTIONS:

- Put the chicken breasts side by side on a cutting board and lay a piece of plastic wrap over them. Pound the chicken breasts with a flat meat mallet, until they are about 1/4-inch thick.
- Put some flour in a shallow platter and season with a fair amount of salt and pepper; mix with a fork to distribute evenly.
- 3. In a wide bowl, beat the eggs with 3 tablespoons of water to make an egg wash.
- 4. Heat the oil over medium-high flame in a large skillet.
- 5. Dredge both sides of the chicken cutlets in the seasoned flour, and then dip them in the egg wash to coat completely, letting the excess drip off. When the oil is nice and hot, add the cutlets and fry for 2 minutes on each side until golden, turning once.

- Remove the chicken cutlets to a large platter in a single layer to keep warm.
- Toss the lemon slices into the pan and cook for 1 to 2 minutes, until fragrant.
 Add the wine, broth, and lemon juice, simmer for 5 minutes to reduce the sauce slightly.
- 8. Roll the butter in some flour and add it to the skillet, this will thicken the sauce. Stir to incorporate and dissolve the flour. Reduce the heat to mediumlow and return the chicken to the pan; place the lemon slices on top of the cutlets.
- Simmer gently for 2 minutes to heat the chicken through. Season with salt and pepper and garnish with chopped parsley before serving.

